

# Memory Care in Maggie's Place

For those experiencing dementia or memory impairment, we offer round-the-clock care and dignified personal support to help them stay healthy, engaged and protected. We value individualism and strive to help every resident maintain the best quality of life possible.

Maggie's Place at St. Paul's Towers is an intimate environment designed to feel like a household, reinforcing routine and familiarity to reduce stress. Overseen by a licensed nurse, our memory care staff is specially trained in proven best practices, including person-centered care, and works under the Residential Care for Elderly (RCFE) program with licensed nurse support. Studio and companion apartments are designed for safety and comfort, with open floor plans and special features that help residents navigate their personal spaces. Occupancy is limited to ensure we are able to give each person the attention and care they deserve.

We get to know each resident and design daily activities and routines around their unique personality and needs, providing assistance with activities of daily living (ADL) as needed and engaging them in a way that's personally meaningful. We support resident's autonomy and dignity by encouraging them to do what they are able for themselves and by offering choices when possible. While honoring residents' individual preferences, we work closely with spouses, partners and family members to build strong, collaborative relationships.

Please note that the additional costs of memory care services may be covered by long-term care insurance, but do not fall under medical insurance or Medicare.

## **MEMORY CARE SERVICES INCLUDE:**

- Secure environment
- Light housekeeping daily and laundry weekly
- Safety checks, wake up service and activity reminders
- Supervised walks on campus and accompanied outings
- Structured routines and spontaneous activities
- Three chef-prepared meals served daily in the dining room
- Art classes, exercise programs, gardening and clubs
- Person-centered care to promote meaning and purpose
- Emergency response 24/7
- Care coordination with residents' physicians