

San Francisco Towers Memory Care

For those experiencing dementia or memory impairment, we offer round-the-clock care and dignified personal support to help them stay healthy, engaged and protected. We value individualism and strive to help every resident maintain the best quality of life possible.

San Francisco Towers Memory Care is an intimate environment designed to feel like a household, reinforcing routine and familiarity to reduce stress. Overseen by a licensed nurse, our memory care staff is specially trained in proven best practices, including relationship-centered care, and works under the Residential Care for Elderly (RCFE) program with licensed nurse support. Studio and companion apartments are designed for safety and comfort, with open floor plans and special features that help residents navigate their personal spaces. Occupancy is limited to ensure we are able to give each person the attention and care they deserve.

We get to know each resident and design daily activities and routines around their unique personality and needs, providing assistance with activities of daily living (ADL) as needed and engaging them in a way that's personally meaningful. We encourage residents to do whatever they are able to for themselves, and offer choices whenever possible. We also work closely with partners and family members to facilitate strong relationships, and place great value on honoring individual preferences.

Please note that the additional costs of memory care services may be supported by long-term care insurance, but do not fall under medical insurance or Medicare.

MEMORY CARE SERVICES:

- Secure environment
- Light housekeeping daily and laundry weekly
- Safety checks, wake up and activity reminders
- Supervised walks on campus and accompanied outings
- Structured routines, plus spontaneous activities
- Three chef-prepared meals and snacks served daily in the dining room
- Art classes, exercise programs, gardening and clubs
- Relationship-centered care to promote meaning and purpose
- Emergency response 24/7
- Care coordination with your physician